

Overview of Kits | Standard Kits



SALIVA

Saliva Profile I: E2, Pg, T, DS, C

Saliva Profile II: E2, Pg, T, DS, Cx2

Saliva Profile III: E2, Pg, T, DS, Cx4

Hormone Trio: E2, Pg, T

Adrenal Stress Profile: DS, Cx4

Diurnal Cortisol Profile: Cx4

New! Saliva Steroid LC-MS Profile 7: E1, E2, E3, Pg, T, DS, C

Saliva Steroid LC-MS Profile 23: E2, E3, E1, EE, PregS, Pg, AlloP, 17OHPg, Adione, T, DHT, D, DS, 7keto, 11DC, C, Cn, Ccn, Ald, Mel, ANZ, FIN, LTZ



DRIED BLOOD SPOT

Expanded! Female Blood Profile I: E1, E2, E3, Pg, T, SHBG, DS, C

Female Blood Profile II: E2, Pg, T, SHBG, DS, C, TSH, fT3, fT4, TPOab

Expanded! Male Blood Profile I: E1, E2, Pg, T, PSA, SHBG, DS, C

Male Blood Profile II: E2, T, PSA, SHBG, DS, C, TSH, fT3, fT4, TPOab

Hormone Trio: E2, Pg, T

Vitamin D Profile: 25-OH D2, 25-OH D3, total

CardioMetabolic Profile: ln, hsCRP, HbA1c, TG, CH, HDL, LDL, VLDL

Toxic & Essential Elements: Zn, Cu, Mg, Se, Cd, Hg

Essential Thyroid Profile: TSH, fT3, fT4, TPOab

Elite Thyroid Profile: T4, Tgbn, TSH, fT3, fT4, TPO



SALIVA + BLOOD

Comprehensive Female Profile I

Saliva: E2, Pg, T, DS, Cx4

Blood Spot: TSH, fT3, fT4, TPOab

Comprehensive Female Profile II

Saliva: Cx4

Blood Spot: E3, E2, E1, Pg, T, SHBG, DS, TSH, fT3, fT4, TPOab

Comprehensive Male Profile I

Saliva: E2, T, DS, Cx4

Blood Spot: PSA, TSH, fT3, fT4, TPOab

Comprehensive Male Profile II

Saliva: Cx4

Blood Spot: E2, E1, Pg, T, SHBG, PSA, DS, TSH, fT3, fT4, TPOab



BLOOD + URINE

Comprehensive Thyroid Profile

Dried Urine: I, Se, Br, Li, As, Cd, Hg, Crtn

Blood Spot: T4, Tgbn, TSH, fT3, fT4, TPOab

Comprehensive Toxic & Essential Elements Profile

Dried Urine: I, Br, Se, Li, As, Cd, Hg, Crtn

Blood Spot: Zn, Cu, Mg, Se, Cd, Hg



BLOOD DRAW

Female Serum Hormones Basic Profile

E2, Pg, T, SHBG, DS, C, TSH

Female Serum Hormones Advanced Profile

E2, Pg, T, SHBG, DS, C, TSH, fT3, fT4, TPOab, FSH, LH, FER

Male Serum Hormones Basic Profile

E2, T, PSA, SHBG, DS, C, TSH

Male Serum Hormones Advanced Profile

E2, T, PSA, SHBG, DS, C, TSH, fT3, fT4, TPOab, LH, FER

Specialty Kits



NEUROTRANSMITTERS

Neurotransmitters Profile

Dried Urine: GABA, Glu, Gly, DA, Epi, NE, HIST, 5-HT, PEA, DOPAC, HVA, 5-HIAA, NMN, VMA, Trp, Kyn, 3-OHKyn, Tau, Gln, His, N-MeHist, Tyra, KynAc, Xanth, Tyr & Crtn

Neurotransmitters + Saliva Steroids Profile

Dried Urine: GABA, Glu, Gly, DA, Epi, NE, HIST, 5-HT, PEA, DOPAC, HVA, 5-HIAA, NMN, VMA, Trp, Kyn, 3-OHKyn, Tau, Gln, His, N-MeHist, Tyra, KynAc, Xanth, Tyr, Crtn
Saliva: E2, Pg, T, DS, C

Neurotransmitters + UDH I Profile

Neurotransmitters + UDH II Profile

Neurotransmitters + UDH III Profile

New! Neurotransmitters + Saliva Steroids + UDH III Profile



WEIGHT MANAGEMENT

Weight Management Profile

Saliva: E2, Pg, T, DS, Cx4
Blood Spot: TSH, D2, D3, In, HbA1c

Weight Management + Thyroid Profile

Saliva: E2, Pg, T, DS, Cx4
Blood Spot: TSH, D2, D3, In, HbA1c, fT3, fT4, TPOab

Weight Management + Cardio Profile

Saliva: E2, Pg, T, DS, Cx4
Blood Spot: TSH, D2, D3, In, HbA1c, hsCRP, TG, CH, LDL, VLDL, HDL

Weight Management + Thyroid + Cardio Profile

Saliva: E2, Pg, T, DS, Cx4
Blood Spot: TSH, D2, D3, In, HbA1c, fT3, fT4, TPOab, hsCRP, TG, CH, LDL, VLDL, HDL



SLEEP BALANCE

Urine Diurnal Hormones (UDH) I Profile

Dried Urine: Free Cortisol x 4, Free Cortisone x 4, Crtn

UDH II Profile

Dried Urine: Free Cortisol x 4, Free Cortisone x 4, Melatonin (MT6s) x 4, Crtn

UDH III Profile

Dried Urine: Free Cortisol x 4, Free Cortisone x 4, Melatonin (MT6s) x 4, NE x 4, Epi x 4, Crtn



HEAVY METALS & ESSENTIAL ELEMENTS

Iodine Panel - Urine Profile: I, Crtn

Toxic & Essential Elements - Urine Profile
I, Br, Se, Li, As, Cd, Hg, Crtn

Toxic & Essential Elements - Blood Profile
Zn, Cu, Mg, Se, Cd, Hg

Comprehensive Toxic & Essential Elements Profile

Blood Spot: Zn, Cu, Mg, Se, Cd, Hg
Dried Urine: I, Br, Se, Li, As, Cd, Hg, Crtn

Elite Thyroid Profile - Blood Profile

T4, Tgbn, TSH, fT3, fT4, TPO



URINE METABOLITES

Estrogen Essential Profile

Dried Urine: Estrogens (12), Crtn

Sex Steroid Metabolites Profile

Dried Urine: Estrogens (13), Progesterones (7), Androgens (8), Glucocorticoids (4), Crtn

Sex Steroid Metabolites + UDH II Profile



MENSTRUAL CYCLE MAPPING

Dried Urine: E1G, PDG, LH, Crtn



ADRENAL STRESS

Saliva: DS, Cx4



CORTISOL AWAKENING RESPONSE

Saliva: DS, Cx6

About ZRT Laboratory Test Kits

ZRT's all-inclusive test kits are designed for private sample collection at home, at the optimal time.

Learn more about testing with ZRT at zrtlab.com.