

Overview of Kits

ZRT Laboratory Standard Kits



SALIVA

- ▶ **Female / Male Saliva Profile I:** E2, Pg, T, DS, C
- ▶ **Female / Male Saliva Profile II:** E2, Pg, T, DS, Cx2
- ▶ **Female / Male Saliva Profile III:** E2, Pg, T, DS, Cx4
- ▶ **Hormone Trio - Saliva:** E2, Pg, T
- ▶ **Adrenal Stress:** DS, Cx4
- ▶ **Diurnal Cortisol:** Cx4



DRIED BLOOD SPOT

- ▶ **Female Blood Profile I:**
E2, Pg, T, SHBG, DS, C
- ▶ **Female Blood Profile II:**
E2, Pg, T, SHBG, DS, C, TSH, fT3, fT4, TPOab
- ▶ **Male Blood Profile I:**
E2, T, PSA, SHBG, DS, C
- ▶ **Male Blood Profile II:**
E2, T, PSA, SHBG, DS, C, TSH, fT3, fT4, TPOab
- ▶ **Hormone Trio - Blood:** E2, Pg, T
- ▶ **Vitamin D:** 25-OH D2, 25-OH D3, total
- ▶ **CardioMetabolic Profile:**
In, hsCRP, HbA1c, TG, CH, HDL, LDL, VLDL
- ▶ **Toxic & Essential Elements - Blood:**
Zn, Cu, Mg, Se, Cd, Pb, Hg
- ▶ **Essential Thyroid Profile:**
TSH, fT3, fT4, TPOab
- ▶ **Elite Thyroid Profile:**
T4, Tgbn, TSH, fT3, fT4, TPOab



SALIVA + BLOOD

- ▶ **Comprehensive Female Profile I:**
Saliva: E2, Pg, T, DS, Cx4
Blood Spot: TSH, fT3, fT4, TPOab
- ▶ **Comprehensive Female Profile II:**
Saliva: Cx4
Blood Spot: E2, Pg, T, SHBG, DS, TSH, fT3, fT4, TPOab
- ▶ **Comprehensive Male Profile I:**
Saliva: E2, T, DS, Cx4
Blood Spot: PSA, TSH, fT3, fT4, TPOab
- ▶ **Comprehensive Male Profile II:**
Saliva: Cx4
Blood Spot: E2, T, SHBG, PSA, DS, TSH, fT3, fT4, TPOab



BLOOD + URINE

- ▶ **Comprehensive Thyroid Profile:**
Dried Urine: I, Se, Br, Li, As, Cd, Hg, Crtn
Blood Spot: T4, Tgbn, TSH, fT3, fT4, TPOab
- ▶ **Comprehensive Toxic & Essential Elements**
Blood Spot: Zn, Cu, Mg, Se, Cd, Pb, Hg
Urine: I, Br, Se, Li, As, Cd, Hg, Crtn

ZRT Laboratory Specialty Kits



ADRENAL STRESS

- ▶ Saliva: DS, Cx4



CORTISOL AWAKENING RESPONSE

- ▶ Saliva: DS, Cx6



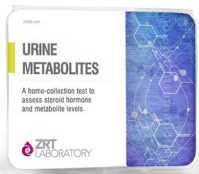
HEAVY METALS & ESSENTIAL ELEMENTS

- ▶ **Iodine Panel**
I, Crtn
- ▶ **Toxic & Essential Elements - Urine**
I, Br, Se, Li, As, Cd, Hg, Crtn
- ▶ **Toxic & Essential Elements - Blood**
Zn, Cu, Mg, Se, Cd, Pb, Hg
- ▶ **Comprehensive Toxic & Essential Elements**
Blood Spot: Zn, Cu, Mg, Se, Cd, Pb, Hg
Urine: I, Br, Se, Li, As, Cd, Hg, Crtn
- ▶ **Rare Elements Profile**
Gd, Tl, U, Crtn
- ▶ **Essential Thyroid Profile**
TSH, fT3, fT4, TPOab
- ▶ **Elite Thyroid Profile**
T4, Tgbn, TSH, fT3, fT4, TPOab



NEUROTRANSMITTERS

- ▶ **NeuroAdvanced Profile:**
Dried Urine: GABA, Glu, Gly, DA, Epi, NE, HIST, 5-HT, PEA, DOPAC, HVA, 5-HIAA, NMN, VMA, Crtn



URINE METABOLITES

- ▶ **Adrenal Profile**
- ▶ **Estrogen Essential Profile**
- ▶ **Estrogen Elite Profile**
- ▶ **Basic Metabolites Profile**
- ▶ **Advanced Metabolites Profile**



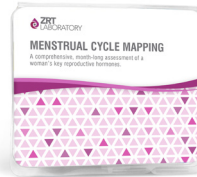
BLOOD DRAW

- ▶ **Female Serum Profile:**
E2, Pg, T, SHBG, DS, C, TSH, fT3, fT4, TPOab
- ▶ **Male Serum Profile:**
E2, T, PSA, SHBG, DS, C, TSH, fT3, fT4, TPOab



FERTILITY

- ▶ Saliva: Cx4
- Blood Spot: E2, Pg, T, SHBG, DS, TSH, fT3, fT4, TPOab, FSH, LH



MENSTRUAL CYCLE MAPPING

- ▶ Dried Urine: E1G, PDG, LH, Crtn



SLEEP BALANCE

- ▶ Dried Urine: Melatonin (MT6s) x4, Free Cortisol x4, Free Cortisone x4, Crtn



WEIGHT MANAGEMENT

- ▶ Saliva: E2, Pg, T, DS, Cx4
- Blood Spot: TSH, 25-OH D2, 25-OH D3, HbA1c, In

ZRT Laboratory Test Kits

Our all-inclusive test kits are simple and convenient for both patients and providers. All kits (except serum) are designed for private sample collection at home, at the optimal time.

Orders can be placed online at myZRT.com or by phone at 866.600.1636 or +1.503.466.2445.