

OVERVIEW OF KITS

ZRT Laboratory Standard Kits



BLOOD + URINE

- ▶ **Comprehensive Thyroid Profile**
Dried Urine: I, Se, Br, Li, As, Cd, Hg, Crtn
Blood Spot: T4, Tgbn, TSH, fT3, fT4, TPOab
- ▶ **Comprehensive Elements Profile**
Dried Urine: I, Se, Br, Li, As, Cd, Hg, Crtn
Blood Spot: Hg, Cd, Pb, Zn, Cu, Se, Mg



DRIED BLOOD SPOT

- ▶ **Essential Thyroid Profile**
TSH, fT3, fT4, TPOab
- ▶ **Female Blood Profile I**
E2, Pg, T, SHBG, DS, C
- ▶ **Female Blood Profile II**
E2, Pg, T, SHBG, DS, C, TSH, fT3, fT4, TPOab
- ▶ **Male Blood Profile I**
E2, T, PSA, SHBG, DS, C
- ▶ **Male Blood Profile II**
E2, T, PSA, SHBG, DS, C, TSH, fT3, fT4, TPOab
- ▶ **Hormone Trio:** E2, Pg, T
- ▶ **Vitamin D 25-OH, Total:** D2, D3
- ▶ **CardioMetabolic Profile**
In, hsCRP, HbA1c, TG, CH, HDL, LDL, VLDL
- ▶ **Elements - Blood Spot Profile**
Hg, Cd, Pb, Zn, Cu, Se, Mg



SALIVA

- ▶ **Female / Male Saliva Profile I:** E2, Pg, T, DS, C
- ▶ **Female / Male Saliva Profile II:** E2, Pg, T, DS, Cx2
- ▶ **Female / Male Saliva Profile III:** E2, Pg, T, DS, Cx4
- ▶ **Hormone Trio:** E2, Pg, T
- ▶ **Adrenal Stress:** DS, Cx4
- ▶ **Diurnal Cortisol:** Cx4



SALIVA + BLOOD

- ▶ **Comprehensive Female Profile I**
Saliva: E2, Pg, T, DS, Cx4
Blood Spot: TSH, fT3, fT4, TPOab
- ▶ **Comprehensive Female Profile II**
Saliva: Cx4
Blood Spot: E2, Pg, T, SHBG, DS, TSH, fT3, fT4, TPOab
- ▶ **Comprehensive Male Profile I**
Saliva: E2, T, DS, Cx4
Blood Spot: PSA, TSH, fT3, fT4, TPOab
- ▶ **Comprehensive Male Profile II**
Saliva: Cx4
Blood Spot: E2, T, SHBG, PSA, DS, TSH, fT3, fT4, TPOab

ZRT Laboratory Specialty Kits



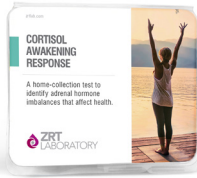
ADRENAL STRESS

- ▶ Saliva: DS, Cx4



BLOOD DRAW

- ▶ **Female Serum Profile**
E2, Pg, T, SHBG, DS, C, TSH, fT3, fT4, TPOab
- ▶ **Male Serum Profile**
E2, T, PSA, SHBG, DS, C, TSH, fT3, fT4, TPOab



CORTISOL AWAKENING RESPONSE

- ▶ Saliva: DS, Cx6



FERTILITY

- ▶ Saliva: Cx4
- Blood Spot: E2, Pg, T, SHBG, DS, TSH, fT3, fT4, TPOab, FSH, LH



HEAVY METALS & NUTRIENTS

- ▶ **Iodine Panel**
- ▶ **Elements - Dried Urine**
- ▶ **Elements - Dried Blood Spot**
- ▶ **Comprehensive Elements**
- ▶ **Comprehensive Thyroid**



MENSTRUAL CYCLE MAPPING

- ▶ Dried Urine: E1G, PDG, LH, Crtn



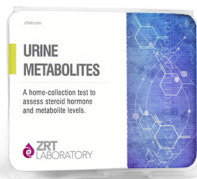
NEUROTRANSMITTERS

- ▶ Dried Urine: GABA, Glu, Gly, DA, Epi, NE, HIST, 5-HT, PEA, DOPAC, HVA, 5-HIAA, NMN, VMA, Crtn



SLEEP BALANCE

- ▶ Dried Urine: Melatonin (MT6s) x4, Free Cortisol x4, Free Cortisone x4, Crtn



URINE METABOLITES

- ▶ **Adrenal Profile**
- ▶ **Estrogen Essential Profile**
- ▶ **Estrogen Elite Profile**
- ▶ **Basic Metabolites Profile**
- ▶ **Advanced Metabolites Profile**



WEIGHT MANAGEMENT

- ▶ Saliva: E2, Pg, T, DS, Cx4
- Blood Spot: TSH, D2, D3, HbA1c, In

ZRT Laboratory Test Kits

Our all-inclusive test kits are simple and convenient for both patients and providers. All kits (except serum) are designed for private sample collection at home, at the optimal time.

Orders can be placed online at myZRT.com or by phone at 866.600.1636 or +1.503.466.2445.